

# Social Work & Education and Learning in Childhood

# - Courses in English -

- Critical questions for ageing societies
- Developmental psychology: The waking & making of the self
- Diversity training for education, social work and healthcare
- Global social policy
- Paediatric psychology & family-centred care
- Philosophical storytelling
- Strengths-based interventions with organisations and families
- Teamwork and team building

Faculty exchange classes (summer semester only):

• Exploring the Hamburg Metropolitan Region\*

\* not for English native speakers.

Faculty of Business & Social Sciences - Dept. of Social Work (September 2024)

Course Name: Critical questions for ageing societies				
Degree programme: <b>Social Work</b> (Bachelor)		Responsible Lecturer: Prof. Dr. Dörte Naumann		
Workload: 90	Lecture hours per week: 2 ECT		ECTS	<b>GCredits:</b> 3
<b>Course objectives:</b> Enabling students to critically analyze and reflect on challenges and intergenerational opportunities for shaping aging societies.				
Contents:				
Contents: Demographic change and ageing societies are global and dynamic phenomena that raise many (currently often unresolved) questions. The public discourse on ageing societies is (among other) permeated by stereotypes and sometimes myths about older people, social construction of intergenerational conflicts and neoliberal logics of exploitation. There is a great need to enhance a better understanding of ageing and old age and opportunities to design ageing societies on micro, meso and macro level of society. In this seminar, we will explore these complex phenomena and develop a deeper -and above all realistic- understanding of ageing as a bio-psycho-social process and the associated societal and intergenerational challenges, opportunities and solutions – also in regard to the practice of social work. After an introductory overview, you will familiarise yourself with topics of particular interest to you in small working groups, based on current literature from research, policy and practice, including critical gerontology (literature will be provided in the seminar). Examples for topics you are free to choose include ageing from a human rights perspective (e.g. also with focus on sexuality, queer ageing and gender, dementia, ageism/intersectionality etc.), healthy ageing, volunteering, digital in-/exclusion and technology, agency, autonomy and resource-oriented perspectives on old age, intergenerational relationships and conflict, social networks, partnership and friendship, bereavement and loneliness across the life course, ethnicity and migration in old age, elder abuse, user involvement, housing, long-term care and support, death and dying. This list of optional themes is not exhaustive – feel free to bring other themes of interest to the seminar group. Key themes of the seminar will be chosen together by the start of the term. Interaction in and between small working groups will be an integral part of the seminar.				
About didactics and workload distribution: guided discussion, team activities, lectures and (optional) field visit				
Requirements for participation:       Course language:         Students are expected to attend and participate in all class meetings and do the required readings.       English         Please note that perfect command of English is NOT mandatory!       Find the participate in all class meetings and do the required readings.         Type of exam:       Presentation and facilitating a group discussion (team work) or short paper (5 pages)				
Requirements for credit point allocation: - prepare a 15-20 minute presentation and a hand-out (team work), to develop discussion questions and facilitate/lead a 15-20 minute discussion of the assigned topic/ text (Hand out: outline, abstract, discussion questions and literature) or written reflection on a selected issue, 5 pages (summary and discussion)				
Medeiros, K. (2017). The shore	t guide to aging and gerontolo 3). Critical Gerontology for Soc	ial Workers. Bristol: Policy Press.		

# Course Name: Developmental Psychology: The Waking & Making of the Self

Lecture hours per week: 2

# Degree programmes:

Education & Learning in Childhood (Bachelor) Responsible Lecturer: Prof. Dr. Julia Quitmann

ECTS Credits: 3

### Course objectives:

Workload: 90 hours

Upon successful completion of this module, students will be able to:

1. Understand and critically evaluate major theoretical frameworks in developmental psychology, including psychoanalytic, cognitive, behavioral, and ecological systems theories.

2. Analyze the role of nature and nurture in shaping human development.

3. Examine developmental milestones and challenges across various domains from prenatal stages through adulthood.

4. Appreciate developmental pathways and outcomes across different cultural contexts.

5. Assess the impact of family, peers, education, media, and sociocultural factors on identity formation and life trajectories.

6. Develop an understanding of research methods and ethical considerations in developmental psychology studies.

#### **Contents**:

This course explores the fascinating journey of how we develop from infancy into the unique individuals we become. Through an examination of major theories and research in developmental psychology, students will gain insights into the complex interplay of biological, psychological, social, and cultural factors that shape human development across the lifespan.

It adopts a cross-cultural perspective, highlighting both universal patterns and cultural variations in development. Students will critically analyze how factors such as attachment, cognitive abilities, gender, family dynamics, peer relationships, education, and societal influences contribute to the emergence of our personalities, values, and worldviews.

# About didactics and workload distribution:

The module will be delivered through lectures, interactive seminars, case studies, and multimedia resources.

# **Requirements for participation:**

**Course language:** English

### Type of exam:

Assessment methods include oral presentations and group assignments with handouts.

# **Requirements for credit point allocation:**

Upon weekly attendance, students will engage in discussions, group activities, and critical analysis of research findings.

#### Literature:

Recommended Reading

- Arnett, J. J. (2019). Human Development: A Cultural Approach (3rd ed.). Pearson.

- Lerner, R. M., & Overton, W. F. (Eds.). (2017). Handbook of Child Psychology and Developmental Science (7th ed.). Wiley.

- Sroufe, L. A., Egeland, B., Carlson, E., & Collins, W. A. (2005). The Development of the Person: The Minnesota Study of Risk and Adaptation from Birth to Adulthood. Guilford Press.

- Sroufe, L. A. (1997). Emotional Development: The Organization of Emotional Life in the Early Years. Cambridge University Press.

Additional readings from scholarly journals and cultural perspectives will be provided

<sup>-</sup> Berk, L. E. (2020). Development Through the Lifespan (7th ed.). Pearson.

Course Name: Diversity Training for Education, Social Work and Health Care				
Degree programme: Social work/Education and Learning in Childhood/Health care (Bachelor)		Responsible Lecturer: Anna Franze		
Workload: 90 hours	Lecture hours per we	eek: 3 ECTS Credits: 3		
Course objectives: The main course objective is to get to know and discuss some effective diversity exercises. Other important objectives are to gain (or consolidate) some basic knowledge on diversity, to get to know each other, share experiences and thoughts, discuss questions and theories, to get better at diversity sensitive interaction and to help each other with communication in English and with understanding the course contents. Contents: Basic knowledge on diversity plus experiencing, discussing and assessing diversity exercises and other aspects of diversity trainings.				
About didactics and workload In Class: inputs, films, group tasks ar At home: small tasks of reading or re	nd exercises, discussions, e		others	
At home: small tasks of reading or researching, watching films, self-reflection, journaling and others         Requirements for participation:       Course language:         Interest in diversity trainings and willingness to actively participate in group exercises, self-reflection, discussions and homework.       English				
Type of exam: Portfolio/Learning diary				
<b>Requirements for credit point allocation:</b> Active participation in class, doing homework and writing a learning diary at home.				
Literature:				
There won't be much course literature, as the focus is on experiencing and discussing exercises. But I will provide literature on different aspects of diversity, diversity training and diversity exercises for everyone who wants to deepen their knowledge on certain aspects simultaneously or later on.				

Course Name: Global Social Policy				
Degree programmes: Childhood education/social work (Bachelor)		Responsible Lecturer: Prof. Dr. Simon Güntner		
Workload: 75 hours	Lecture hours per week: 2 ECTS		ECTS	Credits: 3
<b>Course objectives:</b> The course aims at providing an levels. Students will also get a ba				
Contents: a) basic foundations of social policy b) global and international frameworks and institutions relevant for social policy b) national and local social policies in a comparative perspective, based on the experiences of participants About didactics and workload distribution: Lectures and discussion, self-study phases and work in groups.				
Requirements for participation:       Course language:         Willingness to actively participate in the seminar, independent research of sources       English				
Type of exam: term paper				
<b>Requirements for credit point allocation:</b> Credit points are allocated on basis of active participation, presentation and/or term paper				
<b>Literature:</b> Martens, Kerstin, Dennis Niemann, and Alexandra Kaasch (eds.) (2021). International Organizations in Global Social Governance. Springer Nature. Open Access: https://doi.org/10.1007/978-3-030-65439-9				

# Course Name: Paediatric Psychology and Family-Centered Care Degree programmes: Responsible Lecturer: Prof. Dr. Julia Quitmann Social Work (Bachelor) Workload: 90 hours Lecture hours per week: 2 ECTS Credits: 3 **Course objectives:** Upon successful completion of this module, students will be able to: 1. Understand the theoretical foundations and principles of pediatric psychology and family-centered care. 2. Analyze the psychological and social factors that influence children's adjustment to illness, hospitalization, and medical procedures. 3. Evaluate the impact of chronic and acute medical conditions on child development, behavior, and family dynamics. 4. Develop skills in assessing and addressing the psychosocial needs of children and their families in healthcare settings. 5. Apply evidence-based interventions and techniques for promoting coping, adherence to treatment, and overall well-being. 6. Appreciate the cultural and ethical considerations in providing family-centered care to diverse populations. 7. Understand the roles and responsibilities of interdisciplinary healthcare teams in delivering comprehensive care to children and families. **Contents:** This module explores the vital role of psychology in promoting the well-being of children and families within healthcare settings. Students will gain a comprehensive understanding of the psychological, social, and developmental factors that influence children's experiences with illness, injury, and healthcare interventions. It emphasizes a family-centered care approach, recognizing the profound impact of a child's health condition on the entire family system. Students will learn evidence-based strategies for supporting families, enhancing coping mechanisms, and fostering resilience in the face of medical challenges. About didactics and workload distribution: The module will be delivered through a combination of lectures, case studies, interactive seminars, and practical exercises. **Requirements for participation: Course language:** English Type of exam: Assessment methods may include oral presentations and group with handouts. **Requirements for credit point allocation:** Upon weekly attendance, students will engage in discussions, group activities, and critical analysis of research findings. Literature: Recommended Reading: - Kazak, A. E., Rourke, M. T., Navsaria, N., Hamby, S., & Pai, A. L. (Eds.). (2021). Pediatric Preventive Services: Comprehensive Care for Children and Families. Oxford University Press. - Palermo, T. M., & Eccleston, C. (Eds.). (2020). Pediatric Pain: An Evidence-Based Biopsychosocial Approach. Springer.

- Roberts, M. C., & Steele, R. G. (Eds.). (2017). Handbook of Pediatric Psychology (5th ed.). Guilford Press.

- Kazak, A. E., Rourke, M. T., & Crump, T. A. (2003). Families and Other Systems in Pediatric Psychology. In M. C. Roberts (Ed.), Handbook of Pediatric Psychology (3rd ed., pp. 159-175). Guilford Press.

Additional readings from scholarly journals and cultural perspectives will be provided

Degree programmes:Social work/ Education and Learning inResponsible Lecturer: Prof. Dr. Katrin Alt				
Childhood (Bachelor)				
Workload: 60 hours	Lecture hours p further dates during th	<b>Der week:</b> 2 (Block week and e semester)	ECTS Credits: 2	
Course objectives:				
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Contents:				
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# Literature:

- Alt (2019): Philosophising with Children as language promoting principle. In: Childhood and Philosophy. DOI:10.12957/CHILDPHILO.2019.42556, pp. 01 20
- Conrad/Winter/Michalak (2021): A Case Study on Interactive Wordless Picturebooks and their Potentials within a Multilinguistic Classroom. In: Journal of Literary Education n. 5, DOI: 10.7203/JLE.5.20811
- Chen& Chen (2022): An Innovative Practice of Storytelling with Kamishibai: A Preschool Teacher's Educational Journey around Taiwan, P 353-356

# Course Name: Strengths-based interventions with organisations and families

Degree programmes: Social work/ Education and Learning in Childhood (Bachelor)		Responsible Lecturer: Dr. N (Guest lecturer California State	
Workload: 50 hours	Lecture hours per we	eek: 2 days (block seminar)	ECTS Credits: 3

# **Course objectives:**

Students will be able to identify terminology, methods, ethical principles, values and skills consistent with an ecological systems perspective with an emphasis on strengths-based and empowering approaches in working with different systems as families and teams. Students will be able to integrate interventions effective as strength-based interventions including group work practice.

# Contents:

This course provides skills for intervention with socially interdependent groups as families and work teams. Emphasis is on evidenced-based interventions in a variety of settings. Professional work roles, ethics, and values will be explored.

# About didactics and workload distribution:

2-day block seminar. Sessions will include interactive lectures with exercises, small group activities, and role play simulations.

Requirements for participation:	Course language:
English Language skills; willingness to participate in active discussions and simulations	English
<b>Type of exam:</b> Combination of activities, role plays and reflective essay	

# **Requirements for credit point allocation:**

Students are expected to attend and engage with the course sessions and prepare for set tasks as appropriate. Examples of activities and tasks include: active group discussions, mock group interventions, and role play simulations.

# Literature:

- Fong, R. Lubben, J.E. & Barth, R.P. (Eds.) (2018). Grand challenges for social work and society. New York, NY: Oxford University Press.
- International Association of Social Work with Groups. (2010). *Standards for Social Work Practice with Groups*, (2<sup>nd</sup> ed.) Retrieved from <u>https://aaswg.org</u>.
- Miley, K.K., O'Melia, M.W. & DuBois, B.L. (2016). *Generalist social work practice, (8th ed.)* Boston, MA: Pearson Education.
- Pighini, M. J., Goelman, H., Buchanan, M., Schonert-Reichl, K., & Brynelsen, D. (2014). Learning from parents' stories about what works in early intervention. *International Journal of Psychology*, 49(4), 263-270.
- Saleebey, D. (2012). *The strengths perspective in social work practice,* (6<sup>th</sup> ed.) Boston, MA: Allyn & Bacon.
- Stahl, B & Goldstein, E. (2010). A mindfullness-based stress reduction workbook. Oakland, CA: New Harbinger Publications.
- Toseland, R. & Rivas, R. (2017). An introduction to group work practice (8th ed.). Boston, MA: Pearson Allyn and Bacon.

Course Name: Teamwork and team building				
Degree programme:       Responsible Lecturer: Daniela Ulber         Childhood Education/Social Work (Bachelor)       Responsible Lecturer: Daniela Ulber				
Work load: 90 hours	Lecture hours per week: 3 ECTS		ECTS Credits: 3	
<b>Course objectives:</b> Students will understand the complexity of teamwork, know what variables have an impact on the quality of teamwork, competences in different measures of team development.				
Contents: • types of teams • team models • processes in teams • team development • solution of different problems in teams				
About didactics and work loa The seminar takes place in a mixture		ases and work in groups, e.g. ca	ase studies.	
Requirements for participation:       Course language:         Necessary: Willingness to actively participate in group exercises as well as reflections about individual roles.       English				
Type of exam: Presentation (20-30 min.)				
<b>Requirements for credit point allocation:</b> Students are expected to attend and engage with the course sessions, prepare for set tasks and communicate and participate actively in groups, as well as reflect their own behaviour and role in teams.				
<ul> <li>participate actively in groups, as well as reflect their own behaviour and role in teams.</li> <li>Literature: <ul> <li>Kozlowski, S. W. J., &amp; Klein, K. J. (2000). A multilevel approach to theory and research in organizations: Contextual, temporal, and emergent processes. In Multilevel theory, research, and methods in organizations: Foundations, extensions, and new directions (pp. 3–90). San Francisco, CA: Jossey-Bass.</li> <li>Lantz, A. &amp; Ulber, D. (2017). Why are we in a team? Effects of Teamwork and How to Enhance Team Effectiveness In N. Chmiel; F. Fraccaroli &amp; M. Sverke (Eds), An Introduction to Work and Organizational Psychology: An International Perspective (3rd Edition, pp. 212-232). Hoboken, NJ: Wiley-Blackwell.</li> <li>Lantz, A., Ulber, D. &amp; Friedrich, P. (2019). The Problems with Teamwork, and How to Solve Them. Oxford: Routledge.</li> <li>Mathieu, J. E., Gallagher, P. T., Domingo, M. A., &amp; Klock, E. A. (2019). Embracing complexity: Reviewing the past decade of team effectiveness research. Annual Review of Organizational Psychology and Organizational Behavior, 6(1), 17–46. https://doi.org/10.1146/annurev-orgpsych-012218-015106</li> <li>Shuffler, M. L., Diazgranados, D., Maynard, M. T., &amp; Salas, E. (2018). Developing, sustaining, and maximizing team effectiveness: An integrative, dynamic perspective of team development interventions. Academy of Management Annals, 12(2), 688–724. https://doi.org/10.5465/annals.2016.0045</li> </ul> </li> </ul>				

Course Name: Exploring the	Hamburg Metropo	olitan Region		
Degree programme: Faculty Excha	ange Class	Responsible Lecturer:	Erika Kullmann	
Workload: 150 hours	Lecture hours pe	er week: 4	ECTS Credits: 5	
Course objectives: To make the students aware of and familiar with social issues, education, business etc. in their host city, Hamburg, and its surroundings. To further develop the student's Iniguistic (Special English) competence methodology for acquiring and developing Special-English language knowledge and skills autonomy as a learner, academic reading skills, research skills, presentation skills.				
<b>Contents:</b> We will study (some of) the Hamburg Metropolitan Region's (HMR) social, educational and cultural institutions as well as health care, the leisure industry and the like. Course work will also include the region's business opportunities from its ports and global players to small businesses and start-ups. We will take our findings as the starting point for further reading and (linguistic) research. Students are invited to take part in choosing topics of interest at the start of the course.				
Requirements for participation: English at Level B2 – preferably C1 – of th Languages (CEFR) German (reading comprehension only) at speakers of English are not eligible for thi Type of exam / Assessment: Presentation and/or research report in cla	CEFR Level B1desirable, s course.	but not compulsory. Native	<b>Course language:</b> English	
Literature: Research topics and required reading to b	e announced and discus	sed in the first two sessions		