

Nursing & Management

- Courses in English -

- Caring for elderly patients
- Diversity in Health Provision
- Healthy Aging & Palliative Care in a European Context*
- Nursing Research
- Workshop for Interdisciplinary Cooperation
- International Health Care Week (Hamburg)**

Faculty exchange classes:

- Intercultural Learning in Theory and Practice
- Selected Business Topics: The Hamburg Metropolitan Region

* International Week at a partner university in Utrecht, The Netherlands

** in collaboration with Curtin University, Perth, Australia

Students can also choose from classes offered by the Department of Social Work, if capacity allows

Course Name: Caring for elderly patients

Degree programme:

Bachelor of Nursing

Responsible Lecturer:

Prof. Dr. Adina Dreier-Wolfgramm

Work load: 60 hours

Lecture hours/week: 7 lectures á 3,5 hours

ECTS Credits: 2

Course objective:

Contents:

- specifics and challenges of caring for elderly patients
- nursing care options and settings for elderly patients in Germany
- comprehensive geriatric assessment (CGA)
- development of a care plan for an elderly patient based on CGA

About didactics and work load distribution:

24.5 hours classroom teaching, 35.5 hours self-study

Requirements for participation:

Basic knowledge about changes and common diseases in elderly care

Course language:

English

Type of exam:

A 20-minute talk (15 minutes presentation and 5 minutes discussion): (a) introduction of the patient case, (b) reflection of the conduction of a geriatric assessment in the skills lab including chosen procedure, strength and weakness (c) description of the care plan for the elderly patient (including the justification of its selection as well as the expected results)

Requirements for credit point allocation:

Regular participation in the seminars

Literature:

- Parker SG, McCue P, Phelps K, McCleod M, Arora S, Nockels K, Kennedy S, Roberts H, Conroy S. 2018. What is Comprehensive Geriatric Assessment (CGA)? An umbrella review. Age and Ageing 2018; 47: 149–155 doi: 10.1093/ageing/afx166.
- British Geriatrics Society. Comprehensive Geriatric Assessment Toolkit for Primary Care Practitioners. https://www.bgs.org.uk/sites/default/files/content/resources/files/2019-02-08/BGS%20Toolkit%20-%20FINAL%20FOR%20WEB_0.pdf (access: 2020-07-28)

Course Name: Diversity in Health Provision

Degree programme: Interdisciplinary health care and management (Bachelor)

Responsible Lecturer: Prof. Dr. Miriam Tariba Richter

Work load: 150 hours

Lecture hours per week: 4 hours

ECTS Credits: 5

Exemplary course objectives:

- Introduction in gender studies and gender related life and health conditions
- Introduction to cultural studies and transcultural approaches in healthcare
- Health and living conditions of migrants in Germany
- Health and living conditions of people with disabilities
- Discrimination/ racism and antidiscrimination/ intersectionality
- Social and health inequality and equality

Contents:

According to challenges in healthcare by categories like diversity and differences, we will focus in this seminar on topics such as migration, gender, old age and disability. The main aim of this seminar will be to sensitise students to social circumstances in order to make them reflect (more critically). For this purpose we will work on theoretical concepts as well as on various specific life conditions and search for powers of actions for sensitive interactions in healthcare.

About didactics and work load distribution:

Interactive seminar with exercises, specialists presentations and excursions: 60 hours classes; 90 hours personal study

Requirements for participation:

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Course language:

English

Type of exam:

Essay

Requirements for credit point allocation:

Reading and active participation in team work, lessons and discussions

Literature:

- Butler, Judith (1990): Gender Trouble. Feminism and the subversion of identity. Routledge, London.
- Connell, R. W.; Messerschmidt, James W. (2005): Hegemonic Masculinity: Rethinking the Concept. In: Gender and Society, 19, 6, 829-859.
- Domenig, Dagmar (2007): Transcultural competence in the Swiss health care system. <https://www.aidsactioneurope.org/en/publication/transcultural-competence-swiss-health-care-system>
- Nussbaum, Martha (2011): Creating Capabilities. The Human Development Approach. The Belknap press off Harvard university press, Cambridge, Massachusetts and London, England.
- Peuker, Mario (2010): Racism and Ethnic Discrimination in Germany Update Report 2010 european forum for migration studies (efms) http://www.efms.uni-bamberg.de/pdf/CDC_Germany_2010_efms.pdf
- Razum, Oliver; Wenner, Judith (2016): Social and health epidemiology of immigrants in Germany: past, present and future. In: Public Health Reviews 37,4.
- Schröttle, Monika; Glammeier, Sandra; Sellach, Brigitte; Hornberg, Claudia; Kavemann, Barbara; Puhe, Henry; Zinsmeister, Julia (2013): Life situation of and pressure on disabled woman in Germany. <https://www.bmfsfj.de/blob/94202/dd9d777652afa457b351193c9798dfe8/lebenssituation-und-belastungen-von-frauen-kurzfassung-englisch-data.pdf>

Course Name: Healthy Aging and Palliative Care in an European Context
(International Week Utrecht/ the Netherlands)

Degree programme:

Dual Degree Nursing and Interdisciplinary health care and management (Bachelor)

Responsible Lecturer:

Prof. Dr. Miriam Tariba Richter

Work load: 60 hours

Lecture hours per week: 40 (blocked)

ECTS Credits: 2

Course objectives:

International Week focuses on the similarities and differences in Nursing in Europe concerning healthy aging and palliative care. We will look at social and health care systems, the education programmes and the clinical nursing environments in different European countries. Lectures, workshops and assignments will be delivered by teachers from different countries. In addition, we will include clinical visits. The main goal of the study-week is to gain wider intercultural knowledge and insights on the topic(s). As per the content of the week, students will carry out group assignments which will be presented at the end of the course.

Contents:

- Healthy aging
- End of life care
- Nursing
- Intercultural communication

About didactics and work load distribution:

Lectures, workshops, clinical visits and group work together with other students from Finland, Belgium, Germany, Denmark and the Netherlands: 30 hours classes; 30 hours personal study

Requirements for participation:

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Course language:

English

Type of exam:

Presentation including handout

Requirements for credit point allocation:

Active participation during lessons, excursions and team work

Literature:

Have, H. ten; Janssens, Rien (Ed.) (2001): Palliative Care in Europe: Concepts and Policies. Amsterdam, Washington: IOS Press.

Course Name: Nursing Research

Degree programme: **Dual Degree Nursing (Bachelor)**

Responsible Lecturer: Prof. Uta Gaidys

Work load: 120 hours

Lecture hours per week: 3 (blocked)

ECTS Credits: 4

Contents:

- Research Process
- Methodology
- Research Methods
- Quantitative and qualitative methods of data collection and analysis
- Importance of research outcome for nursing practice
- Critical reading

About didactics and work load distribution:

seminar, reading articles, self-study, tutorials

Requirements for participation:

No requirement

Course language:

English

Type of exam:

Participation at seminars and performing team facilitation and team debrief as well as a written report.

Requirements for credit point allocation:

Written exposé

Literature:

LoBiondo-Wood, G.; Haber, J. (2017) Nursing Research. Methods and Critical Appraisal for Evidence-Based Practice. Amsterdam. Elsevier.

Course Name: Interdisciplinary Workshop

Degree programme:

Interdisciplinary Healthcare & Management (Bsc)

Responsible Lecturers:

Prof. Dr. Corinna Petersen-Ewert, M.A.; Amina Kuby,
Doctor of Clinical Psychology

Work load: 150h

Lecture hours per week: 3

ECTS Credits: 5

Course objectives:

Students are given the opportunity to deepen their interdisciplinary expertise, by means of theoretical and practical learning, as well as methods of self-reflection. See [Important note](#) below.

Contents:

Students acquire theory and research based knowledge of interdisciplinary cooperation in the healthcare sector, as well as practice oriented expertise through work shadowing in selected healthcare institutions. Discussions in small groups foster abilities for self-reflection, perspective-taking, giving and receiving feedback, and critical appraisal of relevant research studies.

Important note: Aiming to advance interdisciplinary communication skills, as well as introducing students to a stress management approach, the first half of the course focuses on teaching mindfulness skills. This is done through exercises such as sitting meditation, walking meditation, gentle yoga exercises, mindful body awareness exercises (i.e. body scan), which take place during face-to-face hours and at home. Exercises are accompanied by group discussions and theoretical inputs. Given that this is a novel approach, the course will be evaluated by questionnaires.

About didactics and work load distribution:

Interactive seminars and group work; 60h face to face (including work shadowing); 90h personal study

Requirements for participation:

English language skills
Completion of evaluative questionnaires
Willingness for self-reflection in a group setting
Willingness to practice mindfulness exercises at home (up to 30 minutes per day)

Course language:

English

Type of exam:

Written assignment

Requirements for credit point allocation:

Attendance and participation, work shadowing, completion of written assignment, completion of all evaluative questionnaires

Literature:

- Antoni, C. H. (2010). Interprofessional teamwork in health care. *Zeitschrift für Evidenz, Fortbildung und Qualität im Gesundheitswesen*, 104(1), 18-24.
- Walkenhorst, U., Mahler, C., Aistleithner, R., Hahn, E. G., Kaap-Fröhlich, S., Karstens, S., ... & Sottas, B. (2015). Position statement GMA Committee—"Interprofessional Education for the Health Care Professions". *GMS Zeitschrift für medizinische Ausbildung*, 32(2)
- Yerrapragada, N., & Petersen, D. (2016). Framing the future: exploring inter-professional education and practice in an undergraduate course. *Healthcare Transformation*, 1(2), 102-113.
- Kabat-Zinn, J., & Hanh, T. N. (2009). *Full catastrophe living: Using the wisdom of your body and mind to face stress, pain, and illness*. Delta.

Course Name: International health care week Hamburg 2021*

Degree programme:
Interdisciplinary healthcare and management

Responsible Lecturer: Prof. Corinna Petersen-Ewert,
Janna Stromann

Work load: 150 hours

Lecture hours per week: 1 week (blocked)

ECTS Credits: 5

Course objective:

The long-term goal is to establish a cooperation between HAW Hamburg and Curtin University, which enables students to complete a wide range of activities, such a semester abroad, research projects/work and practical semesters.

Contents:

* Together with Curtin University (Perth, Western Australia)

We are organizing an Interprofessional Health Care Week (IHCW) in April 2021 in Hamburg. Curtin University (CU) has a department specifically designed for interprofessional learning as well as a wide range of offers for students. The long-term goal is to establish a cooperation between HAW Hamburg and CU, which enables students to complete a wide range of activities, such a semester abroad, research projects/work and practical semesters. The focus of this course is research work and the preparation of a presentation on adapted topics. The goal is to establish an interprofessional exchange with Curtin University.

About didactics and work load distribution:**Requirements for participation:**

- English language skills
- Interest in exchange
- Experience in healthcare

Course language:

English

Type of exam:

Attendance in seminars and performing team facilitation and team debrief as well as a written report.

Requirements for credit point allocation:

- Research work
- Power Point presentation and handout
- Co-design in the preparation of the International health care week
- (teamwork: design week (excursions, visits)

Literature:

<https://healthsciences.curtin.edu.au/studying-health-sciences/interprofessional-education/>

Faculty exchange classes

Course Name: Intercultural Learning in Theory and PracticeDegree programme:
Special moduleResponsible Lecturer: Prof. Dr. Yildirim-Krannig/ Prof.
Dr. Adelheid Iken**Work load: 150 h****Lecture hours per week:** Block seminar**ECTS Credits: 5****Course objectives:**

- increase student's level of cultural awareness, knowledge and sensitivity enabling them to work effectively with people from different cultural and linguistic backgrounds in general and in cross-cultural teams in particular, and
- to equip them with knowledge and skills needed for adapting to new social and working environments

Contents:

- Intercultural communication and competence, theoretical considerations
- Developing intercultural competence, approaches, methods and assessment tools
- Theories of and approaches to cultural analysis and comparison
- Cultural values and their influence on working practices in different contexts
- Working effectively and efficiently in cross-cultural teams
- Communication patterns and styles and its impact on social and business relations
- Tools and strategies for leveraging cultural differences and dealing with miscommunications and conflicts
- Sojourners, expats, international adjustment and acculturation strategies

About didactics and work load distribution:

The seminar will take place in two separate blocks both equivalent to 32 teaching units. (2 weekends)

Requirements for participation:

Good level of English

Course language:

English

Type of exam:

Presentation and written report

Requirements for credit point allocation:

Regular participation and fulfilment of the course requirements (exam)

Literature:

- General reading list (A compulsory reading list with articles and case studies is being provided at the beginning of each term):
- Miller, Katherine 2012. Organizational Communication: Approaches and Processes. Wadsworth: Cengage Learning (International Edition).
- Schneider, Susan C. & Jean-Louis Barsoux 2003. Managing Across Cultures. Harlow: Pearson Education Limited.
- Steers, Richard M., Luciana Nardon & Carlos J. Sanchez-Runde 2013. Management Across Cultures: Developing Global Competencies. Cambridge: Cambridge University Press
- Thomas, David & Mark F. Peterson. 2018. Cross-cultural Management: Essential Concepts. London-Sage

Course Name: Selected Business Topics – The Hamburg Metropolitan Region

Degree programmes:

Responsible Lecturer: Erika Kullmann

Work load: 150 hours/semester
(1 hour = 60 minutes)

Lecture hours per week: 4
(1 lecture hour = 45 minutes)

ECTS Credits: 5

Course objectives:

To make the students aware of and familiar with, the multiple business opportunities of their host city, Hamburg, and its surroundings.

To further develop the student's

- linguistic (English) competence for international business,
- methodology for acquiring and developing language knowledge and skills in Business English
- autonomy as a learner,
- academic reading skills,
- research skills,
- presentation skills.

Contents:

We will study the Hamburg Metropolitan Region with its multiple business opportunities from the port and global players to small businesses and start-ups. Course work may also include the region's social and cultural institutions as well as the leisure industry, healthcare and the like. We will take our findings as the starting point for further reading and (linguistic) research.

About didactics and work load distribution:

- Teaching methods:
 1. short lectures
 2. group work
 3. plenary and group discussions
 4. simulations
 5. impromptu presentations (1 -5 online if required by COVID-19 restrictions)
 6. field trips (if COVID-19 restrictions allow)
- Independent study:
 - reading
 - researching
 - studying texts for their linguistic content and relevance
- Work load distribution (1 hour = 60 minutes):
 - class hours: 45 hours
 - preparatory reading, independent study, exam preparation and exam: 105 hours

Requirements for participation:

English at Level B2 – preferably C1 – of the Common European Framework of Reference for Languages (CEFR)

German (reading comprehension only) at CEFR Level B1 desirable, but not compulsory.

Native speakers of English are not eligible for this course.

Course language:

English

Type of exam / Assessment:

Presentation and/or research report in class **plus** a piece of writing done at home **or** oral exam

Literature:

Research topics and required reading to be announced in the first two sessions