

# Life Sciences International Semester

NUTRITION AND HEALTH

Study Abroad in Hamburg  
Your gateway to the world.

HOCHSCHULE FÜR ANGEWANDTE  
WISSENSCHAFTEN HAMBURG  
Hamburg University of Applied Sciences  
Faculty Life Sciences  
[www.haw-hamburg.de/lis](http://www.haw-hamburg.de/lis)

## Welcome to Hamburg City on the water

In the North of Germany, in the heart of Europe - Hamburg is Germany's second largest city (1.8 million inhabitants) and offers our excellent quality of life and international flair. If you like to spend your leisure time outdoors, you will love Europe's »greenest« city with its large lake and numerous parks in the centre of town. You will also find culture in all its variations as demands a major city -

theatre, museums, exhibitions as well as music in concerts or in clubs. Hamburg is an international harbour city and a great place to live and study. Make it your gateway to the world.

„The best thing about study abroad are the people“ Lucy Kellow & Samantha Beasley





## Nutrition and Health

### Summer semester programmes in English

Please note that this programme is subject to changes.

	ECTS-Credits		ECTS-Credits
Consumer Behaviour	5	Scientific Ergonomics with lab	5
Communal Catering Services	5	Sensory Analysis	5
Food Marketing	5	Sustainable Energy Economics	5
German Food and Culture*	5	Working in Multicultural Groups	5
Human Resource Management	5	Academic English	5
Marketing Research	5	German language course, 30hrs	3
Nutrition Behaviour	5	German language course, 45hrs	4
Project Management	5	Sports Nutrition (blocked course OE-week)	5

\*max. 20 participants

### Who to contact

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### How to apply

Partner universities will receive a link for the online-nomination of their students. Free-movers should contact

[ls-international@haw-hamburg.de](mailto:ls-international@haw-hamburg.de) to enquire how to proceed.

Deadline: 30<sup>th</sup> of April (for the winter semester)  
30<sup>th</sup> of October (for the summer semester)

### Important links for guest students

[www.haw-hamburg.de/english/studyabroad/programmes-in-english.html](http://www.haw-hamburg.de/english/studyabroad/programmes-in-english.html)



HAW HamburgStudyAbroad



### Didactic concept

The HAW Hamburg being an applied science university has a long standing tradition of using practical and interactive teaching methods. Taking into account the diverse cultural and professional backgrounds of the international students, the professors and academic staff of the HAW are committed to a participatory learning atmosphere. Students are expected to learn through both directed and self-directed study. The timetable of formal teaching will be supplemented by practical application in the form of a group or project work and/or laboratory test which each student will be required to develop using the methods and concepts learned during the course. The teaching programme is structured to accommodate a range of learning experiences through:

- Interactive lectures providing a broad introduction to a subject and referring to relevant literature and offering guidance on further inquiry;
- Group work and workshops enabling an in-depth analysis of selected topics and also the learning of different soft skills;
- Seminars and plenary discussions activating students to share their ideas and experience in order to deepen the understanding of concepts and theories;
- Case studies and project-based learning promoting the development of skills particularly relevant for the workplace.