

Student Counselling Office (Zentrale Studienberatung)

Reflecting on your choice of degree course – Influence diagram

Regardless of whether or not we took a long time to decide which degree course to study, it can still be the case that, sooner or later, we have doubts about our decision. In such moments it can sometimes be helpful to take some time and reflect back on this decision-making process. Not so that we can regret it or say ‘Oh, if only I had chosen...’, but rather to understand why we are where we are now. This can give us important information that can help with our next steps.

Take some time to think about the decision-making process that led you to your current degree course. Then create a diagram where you outline how you decided on it.

- *Which people, with which statements, influenced my decision? The point here is to recognise which people in your social circle influenced your individual decision regarding your degree course, and what their intentions were.*
- *What other information influenced me (and where did it come from)?*
- *What personal experience (from internships, hobbies and other activities), strengths, talents and values played a role in my decision?*

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We're here to answer all of your questions about your studies – by email, by phone or in person. You can find up-to-date contact information and office hours at bit.ly/HAW-ZSB.

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