

## Student Counselling Office (Zentrale Studienberatung)

## Making decisions intuitively

Here are two methods that rely mostly on gut feeling and our intuition. The advantage: they're very quick.

- Flip a coin
  - 1. Assign each option to a specific side of a coin.
  - 2. Then let the coin decide.
  - 3. If you notice that you feel resistance to the option chosen, take the other option.

## • Who do I want to be?

Think about who you will be if you make a particular choice and ask yourself if that is how you want to be.

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We're here to answer all of your questions about your studies – by email, by phone or in person. You can find up-to-date contact information and office hours at bit.ly/HAW-ZSB.

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