1. What really matters to me in my degree course and my (current or future) career?

2. Which qualities can I use to make a contribution to my field?

3. How do I want to behave towards myself, my fellow students and my professors?

4. What kind of student do I want to be?
5. What do I really care about learning?

6. Which capabilities and qualities would I like to develop or improve?

7. How do I want to handle challenges that confront me in my degree courses?

8. What would make my degree course/my career meaningful to me?

Adapted from Stephen R. Covey, Die 7 Wege zur Effektivität Workbook

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