

Protecting yourself against Coronavirus



Wash your hands thoroughly.



Cough or sneeze into a tissue or your bent elbow. Dispose of tissues in a closed garbage bin after use.





Avoid shaking hands.

If you have a fever or a cough, stay home.

Only go to the doctor or the emergency ward after contacting them by phone.

More Infos online!

HAW-HAMBURG.DE/ ENGLISH

Source: bag-coronavirus.ch